

El Dorado County
Mental Health Services Act (MHSA)
Prevention and Early Intervention

Early Intervention

Strategy, Evaluation, and
Reporting Requirements

1/27/2021

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Early Intervention Strategy

- Early Intervention Programs are projects that provide treatment, services, and other interventions, including relapse prevention, to address and promote recovery and related functional outcomes for a mental illness early in its emergence, including the applicable negative outcomes that may result from untreated mental illness
- The County shall offer at least one (1) Early Intervention Program

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El Dorado County Early Intervention Projects

- Children 0-5 and Their Families
- Prevention Wraparound Services: Juvenile Services
- Forensic Access and Engagement
- Expressive Therapies
- National Suicide Prevention Lifeline

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Guiding Regulations

- PEI Regulations
- Title 9, California Code of Regulations, Division 1, Chapter 14, Article 7
- Welfare and Institutions Code Section 3726
- Available at:
[https://www.mhsoac.ca.gov/sites/default/files/documents/2018-08/PEI%20Regulations As Of July%202018.pdf](https://www.mhsoac.ca.gov/sites/default/files/documents/2018-08/PEI%20Regulations%20As%20Of%20July%202018.pdf)

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Early Intervention Programs

● Evaluation:

- Number of referrals to treatment and the kind of treatment to which referred
- Number of persons who followed through on the referral and engaged in treatment
- Duration of untreated mental illness
- Interval between the referral and engagement in treatment
- Counties may use random sampling method

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PEI Reporting

● Annual Revenue and Expenditure Report

- Title 9, CCR, § 3510.010

● Annual Prevention and Early Intervention Report

- Title 9, CCR, § 3560.010

● Three-Year Prevention and Early Intervention Evaluation Report

- Title 9, CCR, § 3560.020

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Children 0 – 5 and Their Families

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	\$250,000	\$250,000	\$300,000
Total Expenditures	\$242,975	\$250,000	\$300,000
Individuals Served (may be duplicated)	162	181	215
Cost per Participant	\$1,500	\$1,381	\$1,395

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Children 0 – 5 and Their Families

Impact as a result of the Coronavirus Pandemic:

- Overall increase in anxiety, depression, couples' conflicts, obsessive/compulsive behaviors, and other indicators of increased emotional distress
- Increased reports of suicidality, increased risk of removal of children from their homes, increase in families experiencing homelessness, and a general increase in prolonged suffering

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Prevention Wraparound Services: Juvenile Services

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	NA	NA	\$550,000
Total Expenditures	NA	NA	\$103,918
Individuals Served (may be duplicated)	NA	NA	15
Cost per Participant	NA	NA	\$6,928

Note: The contract for this project was executed on May 14, 2019. Therefore, data is based upon services provided May 14, 2019 – June 30, 2020.

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Prevention Wraparound Services: Juvenile Services

- As a new project, it took a while to develop screening tools and trainings to help Probation and Child Welfare Services to determine appropriate referrals
- Monthly cross-systems meetings to discuss the current census, needs of families, and to discuss critical incidences or significant concerns

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Forensic Access and Engagement

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	NA	NA	NA
Total Expenditures	NA	NA	NA
Individuals Served (may be duplicated)	NA	NA	NA
Cost per Participant	NA	NA	NA

Note: The project was first included in the Fiscal Year 2020/21 MHSA Three-Year Program and Expenditure Plan. Therefore, there is no data for prior Fiscal Years.

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Expressive Therapies

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	NA	NA	\$100,000
Total Expenditures	NA	NA	\$10,650
Individuals Served (may be duplicated)	NA	NA	5
Cost per Participant	NA	NA	\$2,130

Note: The contract for this project was executed on December 10, 2019. It took time to develop and implement the project. Further, the Public Health Emergency related to the COVID-19 pandemic required all workshops to cease in March 2020.

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Expressive Therapies

- Prior to the declaration of the Public Health Emergency and resultant shelter-at-home orders, four sessions of Masks: Adornment and Storytelling were held
- The project has since adapted to providing the services virtually

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National Suicide Prevention Lifeline

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	NA	NA	\$9,000
Total Expenditures	NA	NA	\$9,000
Individuals Served (may be duplicated)	NA	NA	296
Cost per Participant	NA	NA	\$2,130

Note: The service is provided through a contract with National Suicide Prevention Lifeline and Yolo County. El Dorado MHSA did not receive data for FY 2017-19 or 2018-19.

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National Suicide Prevention Lifeline

- Caller concerns: 5% abusive/domestic violence; 30% mental health; 3% gender identity; 1% homicidal ideation; 9% sexual orientation; 12% health care/physical health; 3% COVID-19; 12% basic needs; 25% social issues
- Suicidal content: 2% imminently lethal caller; 36% suicidal desire; 20% suicidal intent; 42% past attempt/ideation

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Questions?

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