# El Dorado County Mental Health Services Act (MHSA) Prevention and Early Intervention

### **Early Intervention**

Strategy, Evaluation, and Reporting Requirements

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#### Early Intervention Strategy

- Early Intervention Programs are projects that provide treatment, services, and other interventions, including relapse prevention, to address and promote recovery and related functional outcomes for a mental illness early in its emergence, including the applicable negative outcomes that may result from untreated mental illness
- The County shall offer at least one (1) Early Intervention Program

## El Dorado County Early Intervention Projects

- Children 0-5 and Their Families
- Prevention Wraparound Services: Juvenile Services
- Forensic Access and Engagement
- Expressive Therapies
- National Suicide Prevention Lifeline

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### **Guiding Regulations**

- PEI Regulations
- Title 9, California Code of Regulations,
   Division 1, Chapter 14, Article 7
- Welfare and Institutions Code Section 3726
- Available at:

   https://www.mhsoac.ca.gov/sites/default/file
   s/documents/2018 08/PEI%20Regulations\_As\_Of\_July%2020
   18.pdf

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#### Early Intervention Programs

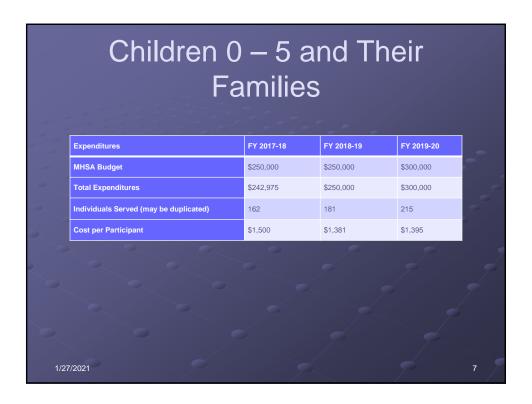
- Evaluation:
  - Number of referrals to treatment and the kind of treatment to which referred
  - Number of persons who followed through on the referral and engaged in treatment
  - Duration of untreated mental illness
  - Interval between the referral and engagement in treatment
  - Counties may use random sampling method

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#### **PEI Reporting**

- Annual Revenue and Expenditure Report
  - Title 9, CCR, § 3510.010
- Annual Prevention and Early Intervention Report
  - Title 9, CCR, § 3560.010
- Three-Year Prevention and Early Intervention Evaluation Report
  - Title 9, CCR, § 3560.020



### Children 0 – 5 and Their Families

### Impact as a result of the Coronavirus Pandemic:

- Overall increase in anxiety, depression, couples' conflicts, obsessive/compulsive behaviors, and other indicators of increased emotional distress
- Increased reports of suicidality, increased risk of removal of children from their homes, increase in families experiencing homelessness, and a general increase in prolonged suffering

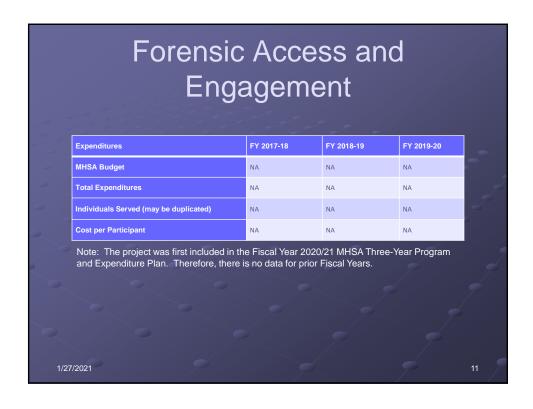
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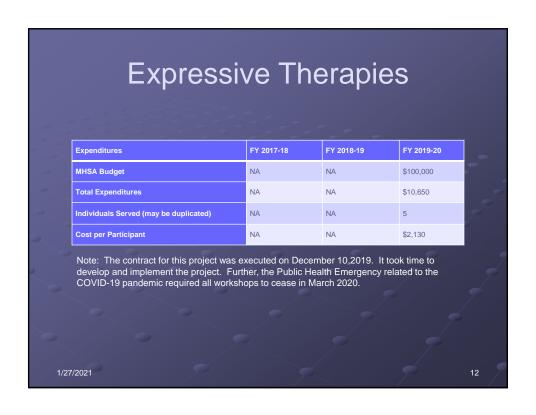
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### Prevention Wraparound Services: Juvenile Services

- As a new project, it took a while to develop screening tools and trainings to help Probation and Child Welfare Services to determine appropriate referrals
- Monthly cross-systems meetings to discuss the current census, needs of families, and to discuss critical incidences or significant concerns





### **Expressive Therapies**

- Prior to the declaration of the Public Health Emergency and resultant shelter-at –home orders, four sessions of Masks: Adornment and Storytelling were held
- The project has since adapted to providing the services virtually

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### National Suicide Prevention Lifeline

Expenditures	FY 2017-18	FY 2018-19	FY 2019-20
MHSA Budget	NA	NA	\$9,000
Total Expenditures	NA	NA	\$9,000
Individuals Served (may be duplicated)	NA	NA	296
Cost per Participant	NA	NA	\$2,130

Note: The service is provided through a contract with National Suicide Prevention Lifeline and Yolo County. El Dorado MHSA did not receive data for FY 2017-19 or 2018-19.

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### National Suicide Prevention Lifeline

- Caller concerns: 5% abusive/domestic violence; 30% mental health; 3% gender identity; 1% homicidal ideation; 9% sexual orientation; 12% health care/physical health; 3% COVID-19; 12% basic needs; 25% social issues
- Suicidal content: 2% imminently lethal caller; 36% suicidal desire; 20% suicidal intent; 42% past attempt/ideation

