

**Behavioral Health Division Update  
Behavioral Health Commission  
November 2020 Data  
January 27, 2021 Meeting**

**BH Director & DEPUTY DIRECTOR UPDATES**  
(Nicole Ebrahimi-Nuyken)

- See updates on report from December 2020.

**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Melissa Saetern, MH Clinician, MH Diversion Program
  - Thomas Clark, Health Educator, WS-SUDS
- **Promotions:**
  - None
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Medical Office Assistant (Extra Help)
    - SLT MH Clinician
    - SLT MH Clinician (Extra Help)
    - SLT Extra Help Clinicians, Workers and Aides
    - SLT Mental Health Clinician - Substance Use Disorder Services
    - WS Psychiatric Technician
    - WS Administrative Analyst
  - New
    - None
- **Separations:**
  - Logan Hayes, EH MH Worker, ICM Team
  - Lisa Allen, Health Educator, SLT-SUDS
- **Position Changes:**
  - None

## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Nicole Cable)

- **24** IMD beds
- **1** State Hospital
- **15** Enhanced Board and Care beds
- **23** Board and Care - Sacramento & Galt
- **Total:**
  - **57** Out of County Placements
  - **6** In County Placements

### Transitions Treatment Program (Nicole Cable / Lesly VanSloten)

- **WS: 15** of 19 beds filled:
  - T1 **1** openings,
  - T2 **3** openings,
  - T3 **0** openings,
  - T4 **0** openings
- **SLT: 3** of 6 beds filled:
  - T1 openings: 3 openings

### Permanent Supportive Housing (Heather Longo / Lesly VanSloten)

#### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: 8
  - 2 bedroom: 7
  - 3 bedroom: 1

#### South Lake Tahoe

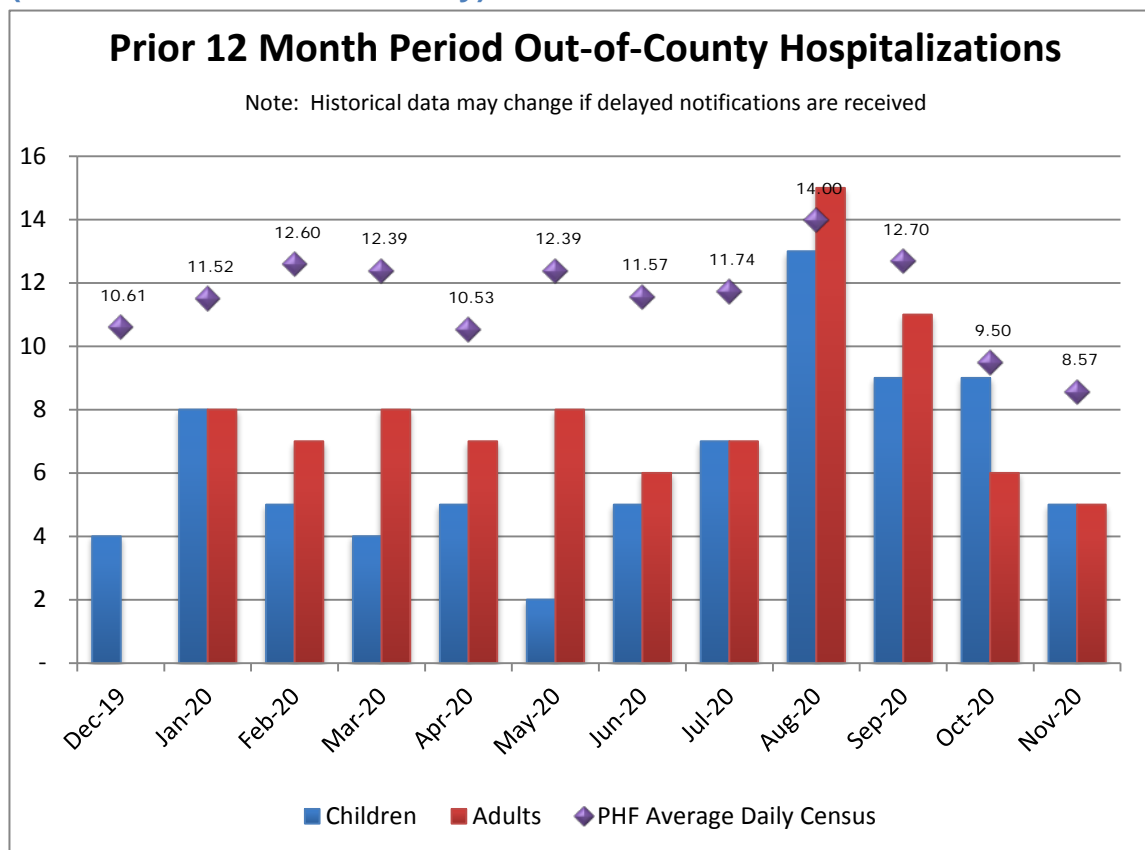
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

### Psychiatric Health Facility (Nicole Cable)

- There were **30** Admissions; **16** Admissions were El Dorado County residents and **14** were Out of County residents.
- There were **15** El Dorado County residents discharged; **8** to Home with Support, **0** to Home without support, **1** MHRC/IMD, **1** Board and Care, **1** to ICM T-House, **1** to Shelter, **4** to Other, and **0** to Emergency Department.
- Upon discharge, **12** El Dorado County residents were insured and **3** El Dorado County residents were pending insurance.
- There were **3** Seclusion Episodes, **0** Physical Restraint Episodes (.minutes), **2** Assaults (**2** clients – 1 client per episode), **0** Elopements, **1** Medication Errors (**1** medication errors with no patient involvement), Client Surveys **24**
- There were **4** denials of El Dorado County referrals: Sleep apnea, CPAP (3); uses walker (1)
- Average daily census was **8.57** (range 5-13) with **8.79** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

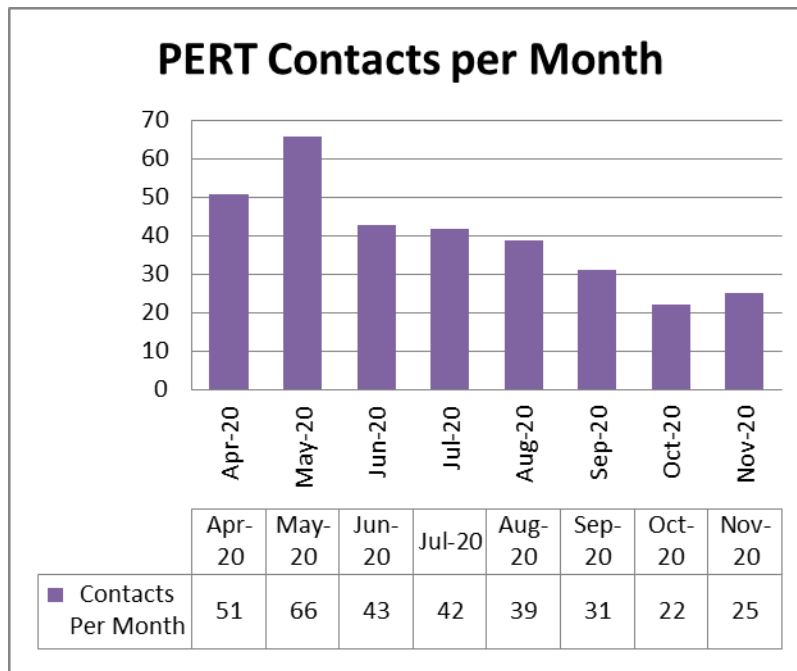
### Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only)

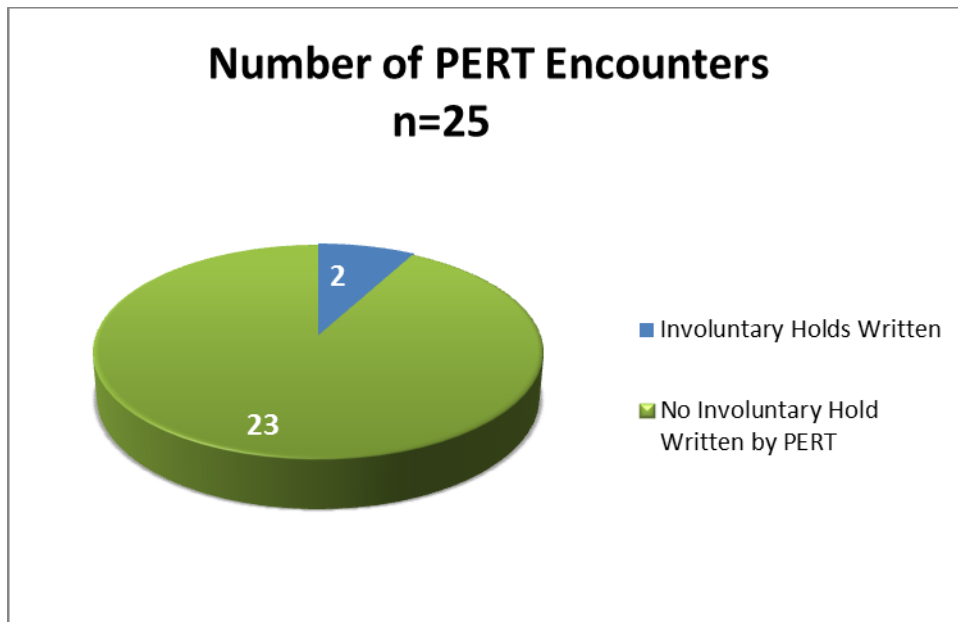


## CRISIS SERVICES

### Crisis Intervention Teams (CIT) (Nicole Cable and Lesly VanSloten)

- **SLT:** Reviewing and revising processes. Continuing to follow COVID-19 protocols in the Barton Emergency No CIT/MDT meeting in November. Continuing to work with our law enforcement partners to offer assistance by phone while they are in the field and through other methods to help reduce individuals from being taken to the ER unnecessarily if they can be assisted with a Safety Plan.
- **WS:** No CIT/MDT meeting held in November. Plans to resume via zoom in December
- **PERT:**





**Additional PERT Data:**

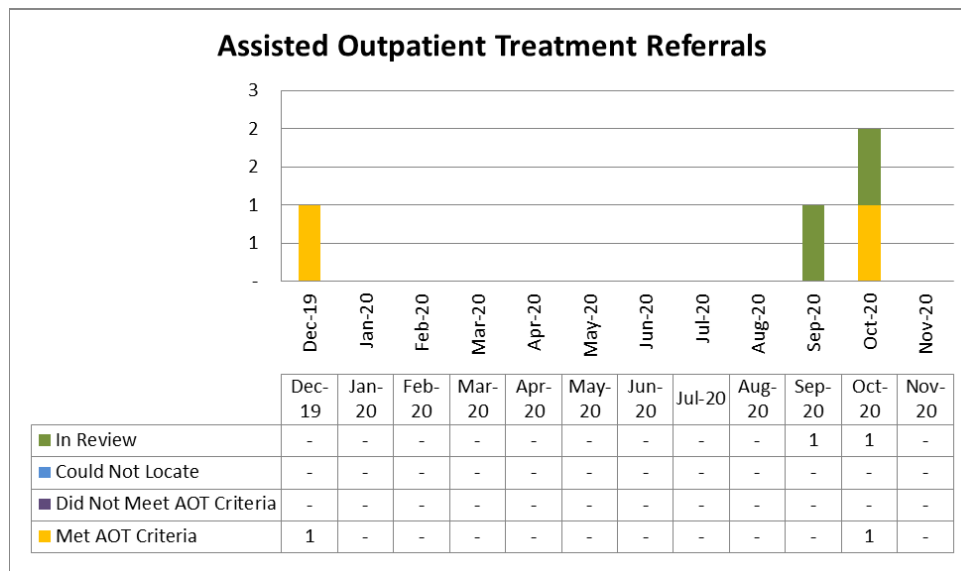
|  |    |
|--|----|
| Safety Plans   | 20 |
| Law Enforcement Holds Written during PERT Shift          | 2  |
| Voluntary Transports to Emergency Department             | 2  |
| Law Enforcement Holds Written                            | 27 |
| Behavioral Health Outpatient Holds Written               | 0  |
| Other/Unable to Locate/Inaccurate Report for Service     | 5  |
| Substance Use Admitted/Confirmed                         | 1  |
| Adult Protective Services (APS) Referrals                | 2  |
| "Fit For" Jail Crisis Risk Assessments Conducted by PERT | 1  |

## JUSTICE SERVICES

### Restoration of Competency (Nicole Cable)

- 0 Outpatient ROC referrals
- 1 Jail ROC referral
- 1 client receiving ROC Outpatient services
- 0 client receiving ROC Inpatient services

## ASSISTED OUTPATIENT TREATMENT (AOT) (Nicole Cable)



### Disposition of Referrals:

0 did not meet program criteria,  
 0 met initial program criteria,  
 0 individuals voluntarily accepted outpatient services,  
 0 individuals to proceed with the AOT process,  
 0 applications in review process

### Discharged AOT clients:

0 clients discharged:  
 0 to a lower level of service,  
 0 out of services

There are currently 1 AOT clients receiving services voluntarily.

## QUALITY ASSURANCE & PATIENT RIGHTS

### Quality Improvement / Utilization Review (Angelina Larrigan / Ren Strong)

See December Update.

### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

See December Update.

## PROGRAM ACTIVITY UPDATES

### ALCOHOL AND DRUG SERVICES / SUBSTANCE USE DISORDERS (Salina Drennan)

#### Tahoe

- Still accepting referrals at 621-6290 for SUD services. Current services are being provided by telehealth and telephone.

#### West Slope

- QA preparing for upcoming External Quality Review, and completing provider monitoring activities for the SFY 19-20. Surge in COVID-19 and the resulting restrictions remain barriers to face-to-face services. As in Tahoe services are mainly delivered by telehealth and telephone.

## **MENTAL HEALTH SERVICES ACT (MHSA) (Heather Longo/Tami Smith)**

- The MHSA Team:
  - Participated in various conference calls, webinars, trainings, and meetings related to items of interest to MHSA.
  - Continued implementation of activities related to the MHSA Three-Year Program and Expenditure Plan.
  - Prepared a PowerPoint presentation on the MHSA PEI “Access and Linkage” strategy
  - Provided four virtual Community Program Planning Process meetings for the Fiscal Year 2021/22 Annual Update
  - Participated in the Behavioral Health Commission Ad Hoc Committees: Data Notebook and Children’s Services
  - Conference calls with regional respite providers

## **ADULT OUTPATIENT SERVICES**

**(Jody Kwachak-Hall (SLT); Doris Jones (WS))**

Tahoe:

- Outpatient services are being delivered by phone and in office with COVID safety protocols in place and current discussion about providing in Wellness small groups of three.

West Slope:

- Staff continue to support clients via telehealth.

### **Wellness Center Activities:**

Tahoe:

- SLT Wellness Center remains closed to the public due to COVID restrictions. However, Tahoe staff provided limited weekly groups for clients:
  - Individual Music classes to 3 clients
  - T-House meeting to 2 residents
  - Life skills groups to 2 residents
  - Anti-anxiety skills groups to 2 residents
  - Reading groups to 2 residents

West Slope:

- WS Wellness Center remains closed to the public due to COVID restrictions.
- WS staff provided lunches for 1-2 walk up individuals Monday through Friday, except holidays.
- 4 Groups were held by WS staff during November:
  - Peer Leader Group met 5 times with an average of 6 clients attending
  - Band Rehearsal met 3 times with an average of 5 clients attending
  - Music Improv met 2 times with an average of 5 attending
  - Gardening met 3 times with an average of 3 attending.
- Events: Wellness Center and ICM staff collaborated to shop for, prepare and provide Thanksgiving meals for all T-Houses individually.

### ICM Activities:

#### Tahoe:

- ICM team provided home visits with walking (COVID safety protocols in place), and life skills and recovery education by telephone sessions due to COVID restrictions
- ICM team provided weekly groups within the T-House and walking with residents

#### West Slope:

- ICM Team providing group services within the transitional houses. Small group outings to outdoor locations with practicing social distancing and masks.

### CHILDREN'S SERVICES (ANGIE LARRIGAN)

- The Behavioral Health Division is partnering with El Dorado County Child Welfare Services and Probation to develop a Family Urgent Response System (FURS). FURS is Family Urgent Response for current and former Foster Youth and Caregivers access to immediate intervention services, through telephone support and in-person mobile response. FURS requires counties Child Welfare, Probation and Behavioral Health agencies to establish mobile response teams to provide face-to-face, in-home response on a 24/7 basis to help defuse and stabilize a situation, assess the caregiver's and child's needs, and develop a plan of action. Counties would be expected to provide the family with needed ongoing services through the existing local network of care service system to assist youth in remaining in homes and avoiding a higher level of care.
- Sierra Children and Family Services has been expanding the Wellness Center Services provided on each West Slope High School Campus. Wellness Center support is provided in-person, by phone or by Zoom.
- Stanford Youth Solutions reports they anticipate moving into their new building in Placerville soon.
- Ad hoc Behavioral Health Commission meetings have been taking place with a focus on children's services. New Morning Youth and Family Services, Tahoe Youth and Family Services, Sierra Children and Family Services and First 5 have been invited to present during the October ad hoc meeting. These meetings have been an effective way to enhance the commission's knowledge of the variety of children's services provided by Behavioral Health.
- El Dorado County MHP is collaborating with the children's contract providers to develop the new contracts which will begin July 1st, 2021.

### TAY DBT/FEP Program (Jody Kwachak-Hall / Angelina Larrigan)

#### Tahoe:

- Telehealth and office session services due to COVID restrictions



## **ADULT OUTPATIENT GROUP SCHEDULES**

Groups are temporarily suspended during COVID Public Health Emergency.

## INITIALS & DEFINITIONS

| Initials | Definition   |
|----------|--|
| AB       | Assembly Bill  |
| ACEs     | Adverse Childhood Experiences                                    |
| ADL      | Activities of Daily Living                                       |
| ADP      | Alcohol and Drug Programs  |
| AMFT     | Associate Marriage and Family Therapist                          |
| AOT      | Assisted Outpatient Treatment                                    |
| APCC     | Associate Professional Clinical Counselor                        |
| APS      | Adult Protective Services  |
| ARF      | Adult Residential Facility                                       |
| B&C      | Board and Care   |
| BHC      | Behavioral Health Court  |
| BHD      | Behavioral Health Division (formerly the Mental Health Division) |
| BOMUSD   | Black Oak Mine Unified School District                           |
| BSCC     | Board of State and Community Corrections                         |
| CalMHSA  | California Mental Health Services Authority                      |
| CalQIC   | California Quality Improvement Coordinators                      |
| CANS     | Child and Adolescent Needs and Strengths                         |
| CBHDA    | County Behavioral Health Directors Association of California     |
| CBO      | Community Based Organization                                     |
| CBT      | Cognitive Behavior Therapy                                       |
| CCC      | Community Corrections Center or California Conservation Corps    |
| CCP      | Community Corrections Partnership                                |
| CCR      | Continuum of Care Reform   |
| CDCR     | California Department of Corrections and Rehabilitation          |
| CDSS     | California Department of Social Services                         |
| CEU      | Continuing Education Unit  |
| CFMG     | California Forensic Medical Group                                |
| CFR      | Code of Federal Regulations                                      |
| CFT      | Children and Family Teams  |
| CFTN     | Capital Facilities and Technology Needs                          |
| CHP      | California Highway Patrol  |
| CIT      | Crisis Intervention Team   |
| CMS      | Centers for Medicare & Medicaid Services                         |
| CPP      | Community Planning Process                                       |
| CPS      | Child Protection Services  |
| CPT      | California Psychiatric Transitions                               |
| CSS      | Community Services and Supports                                  |
| CWS      | Child Welfare Services   |
| DBT      | Dialectical Behavior Therapy                                     |
| DHCS     | Department of Health Care Services (California)                  |
| DMC-ODS  | Drug Medi-Cal Organized Delivery System                          |
| Dx       | Diagnosis  |
| ED       | Emergency Department   |
| EDC      | El Dorado County   |
| EDCMH    | El Dorado County Mental Health                                   |
| EDCOE    | El Dorado County Office of Education                             |
| EDCSO    | El Dorado County Sheriff's Office                                |
| EDSO     | El Dorado Sheriff's Office                                       |
| EDCVC    | El Dorado Community Vision Coalition                             |
| EH       | Extra Help   |

|          |  |
|----------|--|
| EHR      | Electronic Health Record   |
| EPSDT    | Early and Periodic Screening, Diagnosis and Treatment  |
| EQRO     | External Quality Review Organization   |
| ER       | Emergency Room   |
| FAQs     | Frequently Asked Questions   |
| FEP      | First Episode Psychosis  |
| FSP      | Full Service Partnership   |
| FTE      | Full-Time Equivalent   |
| FY       | Fiscal Year  |
| HHSA     | Health and Human Services Agency   |
| HOT      | Homeless Outreach Team   |
| Hubs     | Reference to the Innovation Program “Community-Based Engagement and Support Services”, also called “Community Hubs”    |
| IA       | Intergovernmental Agreement  |
| ICC      | Intensive Care Coordination  |
| ICM      | Intensive Case Management  |
| IHBS     | Intensive Home-Based Services  |
| IMD      | Institution for Mental Disease (facility)  |
| ITWS     | Information Technology Web Services  |
| Katie A. | <i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services   |
| LCSW     | Licensed Clinical Social Worker  |
| LL       | Laura’s Law  |
| LOCUS    | Level of Care Utilization System   |
| LPCC     | Licensed Professional Clinical Counselor   |
| LPS      | Lanterman Petris Short   |
| LT       | Limited Term   |
| LTCC     | Lake Tahoe Community College   |
| MAR      | Medication Administration Record   |
| MDT      | Multi-Disciplinary Team  |
| M-F      | Monday through Friday  |
| MH       | Mental Health  |
| MHD      | Mental Health Division   |
| MHRC     | Mental Health Rehabilitation Center (facility)   |
| MHSA     | Mental Health Services Act   |
| MHSOAC   | Mental Health Oversight and Accountability Commission  |
| MHSUDS   | Mental Health and Substance Use Disorder Services, a division of the State’s Department of Health Care Services (DHCS) |
| MHW      | Mental Health Worker   |
| MIOCR    | Mentally Ill Offender Crime Reduction  |
| MOA      | Medical Office Assistant   |
| MOU      | Memorandum of Understanding  |
| MRT      | Moral Reconciliation Therapy   |
| NACT     | Network Adequacy Certification Tool  |
| NM       | New Morning Youth & Family   |
| NOABD    | Notice of Adverse Benefit Determination  |
| OAC      | Mental Health Services Oversight and Accountability Commission, also MHSOAC  |
| OP       | Outpatient   |
| PA       | Physician Assistant  |
| PATH     | Projects for Assistance in Transition from Homelessness  |
| PCP      | Primary Care Physician   |
| PD       | Police Department  |
| PEI      | Prevention and Early Intervention  |
| PERT     | Psychiatric Emergency Response Team  |

|         |   |
|---------|---|
| PES     | Psychiatric Emergency Services                            |
| PG      | Public Guardian   |
| PHF     | Psychiatric Health Facility                               |
| PIP     | Primary Intervention Program or Program Improvement Plan  |
| POC     | Plan of Correction  |
| PPD     | Placerville Police Department                             |
| PPE     | Personal Protective Equipment                             |
| PSC-35  | Pediatric Symptom Checklist                               |
| QA/UR   | Quality Assurance/Utilization Review                      |
| QI      | Quality Improvement                                       |
| QI/UR   | Quality Improvement/Utilization Review                    |
| QIC     | Quality Improvement Committee                             |
| RIF     | Reduction in Force  |
| RFI     | Request for Information                                   |
| RFP     | Request for Proposal                                      |
| RFQ     | Request for Qualifications                                |
| ROI     | Authorization for Release of Information                  |
| ROC     | Restoration of Competence                                 |
| RV      | Remi Vista  |
| SAMHSA  | Substance Abuse and Mental Health Services Administration |
| SB      | Senate Bill   |
| SCF     | Sierra Child & Family                                     |
| SLT     | South Lake Tahoe  |
| SLTPD   | South Lake Tahoe Police Department                        |
| SO      | Sheriff's Office  |
| STACS   | South Tahoe Alternative Collaborative Services            |
| STHS    | South Tahoe High School                                   |
| STRTP   | Short-Term Residential Therapeutic Program                |
| SUD     | Substance Use Disorders                                   |
| SV      | Summitview Child & Family                                 |
| SYS     | Stanford Youth Solutions                                  |
| T-House | Transitional Housing                                      |
| TAY     | Transitional Age Youth                                    |
| TBD     | To Be Determined  |
| TCH     | Tahoe Coalition for the Homeless                          |
| TFC     | Therapeutic Foster Care                                   |
| TYFS    | Tahoe Youth and Family Services                           |
| Tx      | Treatment   |
| TY      | Tahoe Youth and Family Services                           |
| UR      | Utilization Review  |
| VA      | United States Department of Veterans Affairs              |
| WET     | Workforce Education and Training                          |
| WIA     | Workforce Investment Act                                  |
| WOIA    | Workforce Innovations and Opportunities Act               |
| WS      | West Slope  |