# Standardized Rate Structure (REVISED)

El Dorado County Departments of Human Services and Public Health Substance Abuse and other Therapeutic Counseling and Treatment Services

Basis: Current State-Approved Drug Medi-Cal (DMC) Reimbursement Rates. (Rates will be automatically adjusted without amendment to current agreements to reflect changes to the State-approved reimbursement rates, to become effective the first day of the month following the month the State announces the approval of change(s), i.e. adoption of the State Budget).

Services will be billable based on the specific types of services defined in each agreement. All rates may not apply within each individual agreement depending on type of service needed and/or availability and criteria of funding source.

FY 07-08 Drug Medi-Cal reimbursement rates were used as bench marks.

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#### **Outpatient Services**

Group Session (1.5 hrs)

- o \$31.56
- A face-to-face session in which one or more therapists or counselors treat no less than three and no more than twelve clients at the same time, focusing on the needs of the individuals served.

Individual Counseling Session (50 minutes)

- 0 \$74.79
- o A face-to-face session between a client and a therapist or counselor.

### Perinatal Group Session (1.5 hrs)

- 0 \$63.62
- A face-to-face session in which one or more therapists or counselors treat no less than three and no more than twelve clients at the same time, focusing on the needs of the individuals served. Client must be pregnant and substance using; or parenting and substance using, with a child or children ages birth through 17 years. This includes a woman who is attempting to regain legal custody of her child(ren).
- Reimbursable only thru Perinatal Set-Aside and Perinatal Drug Medi-Cal funding

# Perinatal Individual Session (50 minutes)

- o \$106.08
- A face-to-face session between a client and a therapist or counselor.
   Client must be pregnant and substance using; or parenting and substance using, with a child or children ages birth through 17 years. This includes a woman who is attempting to regain legal custody of her child(ren).
- Reimbursable only thru Perinatal set-aside and Perinatal Drug Medi-Cal funding.

# Day Care Rehabilitative

- 0 \$67.55
- Substance abuse counseling and rehabilitation services lasting three or more hours, but less than 24 hours, per day, for three or more days per week.

### Individual Assessment (50-60 minutes)

- 0 \$74.79
- The evaluation or analysis of the cause or nature of mental, emotional, psychological, behavioral, and substance abuse disorders; the diagnosis of drug abuse disorders; and the assessment of treatment needs to provide medically necessary treatment services.

# Intake (50 minutes)

- 0 \$74.79
- The process of admitting a client into substance abuse treatment. Should include medical coverage evaluation, sliding fee scale determination, and other client demographic information.

# Treatment Planning (50 minutes)

- 0 \$74.79
- Collaborative session between program staff and client to identify problems, goals, action steps, and target dates as components of an individual's prescribed course of substance abuse treatment.

### Discharge (50 minutes)

- 0 \$74.79
- Face-to-face final collaborative session between program staff and client to reinforce newly developed recovery skills and develop a plan to maintain those skills upon conclusion of treatment.

#### Crisis Intervention (50 minutes)

- 0 \$74.79
- Face-to-face contact between a program staff person and a client in crisis.
   Services provided must focus on alleviating the crisis problem. Crisis means an unforeseen even or circumstance which presents an imminent threat of relapse, or actual relapse, to the client.

# Case Management (50 minutes)

- 0 \$74.79
- Activities involved in the integrating and coordinating of all necessary services to ensure successful treatment and recovery. This involves managing multiple clients and is limited to 4 episodes per month. Not billable per client.

# Transitional Housing (per day)

- o \$17.50
- O A clean and sober living environment meeting the requirements of the California Association of Recovery Homes voluntary certification process. Clients in transitional housing shall be encouraged to actively seek permanent housing, work toward a high school diploma or GED if they do not posses one, and, if unemployed, begin an intensive job search within 72 hours of entering transitional housing.

# **Inpatient Services**

### Residential Treatment (per bed day)

- o Not to exceed \$92.00. The actual rate will be negotiated between the purchaser and the vendor.
- The delivery of services to males and females in an inpatient setting.
   Program should consist of group education and counseling, drug screening, individual counseling, treatment planning and introduction to support programs such as AA/NA.

#### Residential Perinatal Treatment (per bed day)

- o \$96.81
- The delivery of services to females who are pregnant or who have children age 17 or under, including women who are attempting to regain legal custody of their child(ren). Program should consist of group education and counseling, drug screening, individual counseling, treatment planning and introduction to support programs such as AA/NA.

# Residential Perinatal Drug Medi-Cal (room and board per bed day)

- o \$17.00
- Eligible clients must meet Title 22 Drug Medi-Cal requirements and program must be Drug Medi-Cal certified. Program should consist of group education and counseling, drug screening, individual counseling, treatment planning and introduction to support programs such as AA/NA.