# **County of El Dorado**

## **Minutes**

## **Behavioral Health Commission**

Jim Abram, Chair
Dr. Stephen Clavere, Vice-Chair WS
Dr. Richard Lynn, Vice-Chair SLT
Shawn Allan, Secretary
John Hidahl, Board of Supervisors Representative
Kathryn Hamilton, Commissioner
Jan Melnicoe, Commissioner
Norman Nester, Commissioner
Arturo Salazar, Commissioner
Henry Sandigo, Commissioner
Craig Therkildsen, Commissioner
Vacant (5), Commissioner

Wednesday, August 29, 2018

5:00 PM

Meeting Locations (in person and connected via tele/video-conferencing):

 Health and Human Service Agency, 3057 Briw Road, Sierra Room, Placerville, CA

 Mental Health Office, 1900 Lake Tahoe Blvd., Suite 103, South Lake Tahoe, CA

## CALL TO ORDER AND ROLL CALL; INTRODUCTIONS

Guests: Val Akana, Anna Gleason, Lynn Hall, Barry Harwell, Karis Holman, Jocelyn Lamb, Norma Santiago, Chris Stedeford, Deborah Thornburgh, Barbara Vermilyea, Hannah Ware

HHSA Staff: Nicole Cable, Patricia Charles-Heathers, Katy Eckert, Heather Longo, Sabrina Owen, Jamie Samboceti, Tami Smith, Ren Strong, Lesly Van Sloten, Moriah Weldy

**Present:** 9 - Jan Melnicoe, Jim Abram, Stephen Clavere, Norman Nester, Shawn Allan, Arturo Salazar, Henry Sandigo, Richard Lynn and John Hidahl

Absent: 2 - Craig Therkildsen and Kathryn Hamilton

#### ADOPTION OF THE AGENDA

A motion was made by Chair Abram, seconded by Commissioner Clavare, to adopt the Agenda as written.

## **PUBLIC COMMENT**

N. Santiago commented that she was hired as an independent consultant with Department of Rehabilitation.

5:06 PM ROLL CALL

Commissioner Therkildsen arrived

**Present:** 10 - Jan Melnicoe, Craig Therkildsen, Jim Abram, Stephen Clavere, Norman Nester, Shawn Allan, Arturo Salazar, Henry Sandigo, Richard Lynn and John Hidahl

Kathrvn Hamilton Absent: 1 -

#### **DISCUSSION / ACTION ITEMS**

5:08 PM ROLL CALL

Commissioner Hamilton arrived

Present: 11 - Jan Melnicoe, Craig Therkildsen, Jim Abram, Stephen Clavere, Norman Nester, Shawn Allan, Arturo Salazar, Henry Sandigo, Richard Lynn, John Hidahl and

Kathryn Hamilton

18-1254 1. Approval of the June 27, 2018 Behavioral Health Commission Minutes

> A motion was made by Commissioner Lynn, seconded by Commissioner Clavere, to disapprove the Minutes. Approval of the Minutes FAILED.

Craig Therkildsen Yes:

**Noes**: 9 -Jan Melnicoe, Jim Abram, Stephen Clavere, Norman Nester, Shawn Allan, Arturo

Salazar, Henry Sandigo, Richard Lynn and Kathryn Hamilton

Abstained: 1 - John Hidahl

18-1256 2. First Episode Psychosis (FEP) Presentation by Behavioral Health Adult Outpatient Program Coordinator, Lesly Van Sloten, LMFT

> Presentation of First Episode Psychosis by Behavioral Health Adult Outpatient Program Coordinator, Lesly Van Sloten, LMFT

Lesly Van Sloten provided an overview of the FEP program. PowerPoint slides of the presentation were provided to everyone in attendance. Following the presentation, Commissioners asked questions regarding eligibility, funding, waitlists, and family involvement.

18-1255 AB1810 Informational Discussion 3.

> Chair Abram summarized portions of this legislation, including that it was signed in June 2018. He also pointed out that paragraph 15 of the law states that a procedure will be established, through which the court would be authorized to grant pretrial diversion, for a period no longer than 2 years, to a defendant suffering from a mental disorder, in order to undergo mental health treatment. Chair Abram feels that the law is too broad and hopes that El Dorado County would use the money for the lowest level offenders for diversion. Commissioner Clavere requested this be agendized again for the September 2018

Behavioral Health Commission meeting.

18-1285 Assisted Outpatient Treatment Update / Discussion; Reappoint Ad Hoc Committee

> Chair Abram stated that August was the 3 year anniversary of this program in El Dorado County and Chair Abram wants to establish an AOT Ad Hoc Committee. The following volunteered to be members of the Ad Hoc Committee: Commissioner Abram, Commissioner Lynn, Commissioner Clavere, Commissioner Sandigo

### **5.** <u>18-1286</u> Stepping Up Initiative Update / Discussion

Director Patricia Charles-Heathers reported that as of August 8, 2018, question #1 was completed. Under-Sheriff Pishon presented on the jail booking system; they have begun using The Brief Jail Mental Health Screen, but he was unsure what instrument was being used for Substance Use Disorder.

6. 18-1287 Behavioral Health Commission Member Vacancies Update / Discussion

Chair Abram wants greater South Lake Tahoe representation, especially a consumer.

Public comment regarding appointment members, specifically asking if there can be consideration of appointing Associate Member Norma Santiago as a Commissioner. The following individuals contributed to Public Comment: Chair Abram and Norma Santiago

18-1258 Questions / Comments on Behavioral Health Division Monthly Reports

Chair Abram announced that Director Patricia Charles-Heathers will be separating from the County and reminded Commissioners that Welfare and Institutions Code provides for Commissioners to participate in the selection of a new Director.

Chair Abram also noted that the psychiatrist is leaving Telecare, and Director Charles-Heathers stated that it is against the regulations to not have a psychiatrist, so Telecare will hire one.

Chair Abram also mentioned the staff turn-over at the Behavioral Health Division.

Regarding page 5 of the Report, Chair Abram said that there were 3 Behavioral Health Court referrals and the low level offenders are not coming to Behavioral Health Court and AB 1810 is coming. Commissioner Melnicoe also mentioned concern about diversionary programs and noted that in the NAMI meetings, approximately 90% of the families express family members have co-occurring disorders. Chair Abram requests a presentation of Substance Use Disorders, separate from the usual budget presentation. Chair Abram asked for explanation on Grievances and Fair Hearings. Program Manager Ren Strong explained the process for Grievances and Appeals versus Fair Hearings.

Commissioner Melnicoe asked for information about dual diagnosis. Deputy Director Jamie Samboceti and Program Manager Sabrina Owen stated that services are embedded in treatment plans.

Commissioner Allan wants a report on children's funds (revenues and expenditures). Deputy Director Samboceti indicated that EPSDT (Early and Periodic Screening, Diagnostic and Treatment) is the only dedicated funding to children's services.

### 6:29 PM ROLL CALL

Commissioner Clavere left the meeting

**Present:** 10 - Jan Melnicoe, Craig Therkildsen, Jim Abram, Norman Nester, Shawn Allan, Arturo Salazar, Henry Sandigo, Richard Lynn, John Hidahl and Kathryn Hamilton

Absent: 1 - Stephen Clavere

6:31 PM ROLL CALL

Commissioner Sandigo left the meeting

7:01 PM ROLL CALL

Commissioner Nester left the meeting

#### **COMMISSIONER'S COMMENTS**

Chair Abram and Vice-Chair Lynn request additional detail in the Minutes

## DETERMINE NEXT MENTAL HEALTH COMMISSION MEETING DATE

The next regular Behavioral Health Commission meeting is September 26, 2018

**ADJOURNMENT - 7:04 PM**