



El Dorado County Crisis Residential Treatment

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CRISIS RESIDENTIAL TREATMENT CENTERS (CRT) REDUCE UNNECESSARY STAYS IN PSYCHIATRIC HOSPITALS, REDUCE THE NUMBER AND EXPENSE OF EMERGENCY ROOM VISITS, AND DIVERT INAPPROPRIATE INCARCERATIONS.

CRT WAS DESIGNED TO INCREASE EL DORADO COUNTY'S ABILITY TO OFFER A VARIETY OF MENTAL HEALTH SERVICES RANGING FROM THE MOST RESTRICTIVE TO THE LEAST RESTRICTIVE.

CRT PROVIDES A 24-7 SUPPORTIVE TREATMENT ENVIRONMENT FOR EL DORADO COUNTY MEDI-CAL BENEFICIARIES WHO ARE IN A MENTAL HEALTH CRISIS BUT DO NOT MEET THE CRITERIA FOR AN INVOLUNTARY HOLD, OR THOSE THAT ARE NEEDING ADDITIONAL SUPPORT IN STABILIZING THEIR MENTAL HEALTH.

Level of Care

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What is CRT?

24-7 voluntary residential treatment for adults ages 18+

Licensed through Community Care Licensing and California Department of Health Care Services

CRT is a short-term community-based program offering a safe, structured, home-like environment for individuals experiencing acute mental health crises

Participants' stay may range from 30 to 90 days depending on individualized needs and progress

CRT is an alternative to hospitalization for adults undergoing serious psychotic episodes or intense emotional distress

This is a bridge to support clients in navigating a turbulent time in support of regaining stability

Recovery-client-driven system that modifies to the needs of the client for optimal outcomes

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Goals of Crisis residential treatment



Stabilization

Focusing on De-escalation, symptom management, and immediate care to those in crisis who do not meet criteria for inpatient hospitalization



Support

Offering a welcoming and safe space where participants receive intensive therapeutic intervention and support from trained professionals



Skill development

Participants learn symptom management skills, develop coping strategies and the skills to manage symptoms effectively to reintegrate back into their community

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Treatment Design

Weekly calendar
of events

Structured and
goal oriented

Client-centered

Sustainable
change

Peer support

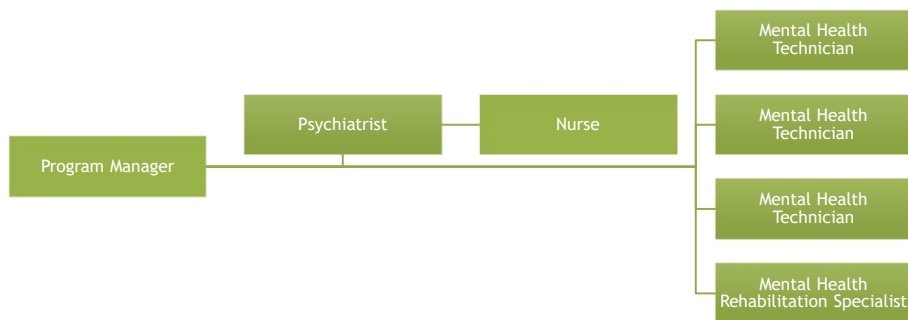
- ✓ Medication Support Services
- ✓ Individual and Group Therapy
- ✓ Family systems counseling
- ✓ Crisis intervention
- ✓ Self-control and symptom management
- ✓ Prevocational/Vocational Counseling
- ✓ Client Advocacy
- ✓ Community Living and Interpersonal Skills
- ✓ Independent living skills
- ✓ Coping skills
- ✓ Healthy expression
- ✓ Substance Abuse

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Staffing Structure



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Target Population

- ▶ Adults ages 18+
- ▶ Significant impairment, where impairment is defined as distress, disability or dysfunction in daily activities with a DSM IV diagnoses or suspected diagnoses
- ▶ Independent ambulation without the use of durable medical equipment
- ▶ No serious medical problems that require frequent nursing monitoring or skilled nursing

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El Dorado County CRT opened April 2025



To date, we have 41 total referrals



30 admitted into the CRT for treatment



29.3 day Average length of stay



Referral sources: Psychiatric Emergency Services, Mobile Crisis, Individual Mental Health Providers

Data

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El Dorado County Behavioral Health
Crisis Residential Placement and Referral Checklist

CRISIS RESIDENTIAL CARE PLACEMENT AND REFERRAL CHECKLIST

Date of Referral: _____

Client Name: _____ Avatar Pat. ID: _____

The following items are necessary for a complete referral packet:

- ☐ Crisis Residential Referral Exclusion and Inclusion Checklist
- ☐ Referral Packet, completed and signed by Clinician/Social Worker
- ☐ Avatar Report/Electronic Health Record "Diagnosis Report" (or complete page 3 of Referral Packet)
- ☐ Avatar Report/Electronic Health Record "Medication Report" (or complete page 4 of Referral Packet)
- ☐ Avatar Report/Electronic Health Record "Crisis Assessment" from past 14-days (if applicable)
- ☐ Avatar Report/Electronic Health Record "Clinical Assessment"
- ☐ PPD Skin Test (Tuberculosis Test) placement report (CRT nursing staff will read results)
- ☐ Functional Capabilities Assessment (LIC 9172) – Must be completed by case worker or conservator with client input
- ☐ Physician's Report for Community Care Licensing (LIC 602)

For placement authorization, send completed referral checklist and packet to El Dorado County Behavioral Health at: crt_authorization@edcgov.us

Referral Process

- ☐ Referral completed
- ☐ Reviewed by EDC BH assigned staff
- ☐ Submitted to CRT for review and acceptance
- ☐ Admission date and time coordinated with referring party and CRT staff
- ☐ EDC and CRT meet weekly for care coordination and discharge planning
- ☐ If medical necessity determines the need for extension treatment team discusses



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