

**CRT PROVIDES A 24-7 SUPPORTIVE** CRISIS RESIDENTIAL TREATMENT TREATMENT ENVIRONMENT FOR EL CRT WAS DESIGNED TO INCREASE EL CENTERS (CRT) REDUCE DORADO COUNTY MEDI-CAL DORADO COUNTY'S ABILITY TO OFFER A VARIETY OF MENTAL UNNECESSARY STAYS IN PSYCHIATRIC BENEFICIARIES WHO ARE IN A MENTAL HOSPITALS, REDUCE THE NUMBER HEALTH CRISIS BUT DO NOT MEET THE HEALTH SERVICES RANGING FROM AND EXPENSE OF EMERGENCY ROOM CRITERIA FOR AN INVOLUNTARY HOLD, THE MOST RESTRICTIVE TO THE OR THOSE THAT ARE NEEDING ADDITIONAL SUPPORT IN STABILIZING THEIR MENTAL HEALTH. VISITS, AND DIVERT INAPPROPRIATE LEAST RESTRICTIVE. INCARCERATIONS. Level of Care

### What is CRT?

24-7 voluntary residential treatment for adults ages 18+

Licensed through Community Care Licensing and California Department of Health Care Services CRT is a short-term community-based program offering a safe, structured, home-like environment for individuals experiencing acute mental health crises Participants' stay may range from 30 to 90 days depending on individualized needs and progress

CRT is an alternative to hospitalization for adults undergoing serious psychoti episodes or intense emotional distress

This is a bridge to support clients in navigating a turbulent time in support of regaining stability Recovery-client-driven system that modifies to the needs of the client for optimal outcomes

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## Goals of Crisis residential treatment



#### Stabilization

Focusing on De-escalation, symptom management, and immediate care to those in crisis who do not meet criteria for inpatient hospitalization



#### Support

Offering a welcoming and safe space where participants receive intensive therapeutic intervention and support from trained professionals



#### Skill development

Participants learn symptom management skills, develop coping strategies and the skills to manage symptoms effectively to reintegrate back into their community

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Staffing Structure

Mental Health Technician

Program Manager

Program Manager

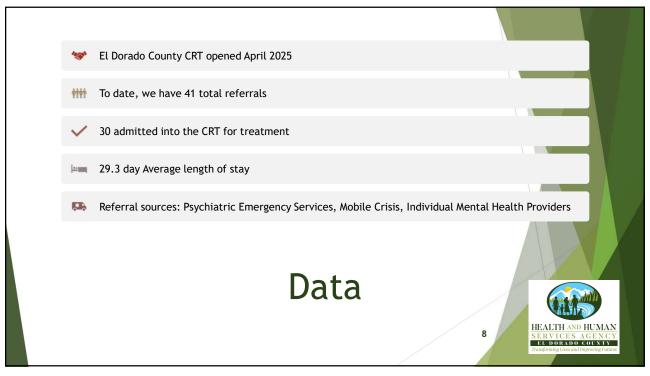
Mental Health Technician

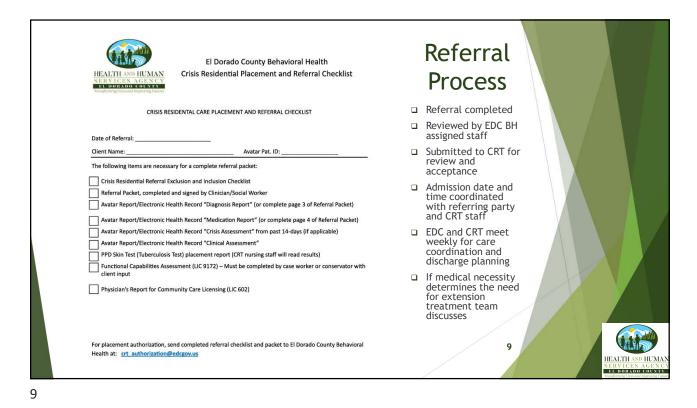
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# **Target Population** Adults ages 18+ Significant impairment, where impairment is defined as distress, disability or dysfunction in daily activities with a DSM IV diagnoses or suspected diagnoses Independent ambulation without the use of durable medical equipment No serious medical problems that require frequent nursing monitoring or

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skilled nursing





**QUESTIONS?** 

crt\_authorizations@edcgov.us